

The world is not a library. You don't have to be quiet.
Conversation keeps us awake.

I use art and the physical and mental attributes that go into the creation of art as a therapeutic tool.

I can get lost in my world for many hours. And just feel a lift off my shoulders

And I also have a playful side.

This is where I get silly and ironic. Working on characters

I do lots of sketches and sometimes plan out the paintings.

I may redraw a character over and over trying to find something that clicks.

Sometimes it's a gestural idea that gets brought to life.

My creative space is organized enough for me. I try not to crowd myself. Sometimes it just happens.

But I'm comfortable in my own chaos.

A lot of times I have to be in certain moods to paint or play music.

Each instrument or medium has its own volume level that my attitude of the moment would meet at.

The world around us has inspired me to produce some of these as visual stories that reflect my perspective of the eclectic behavior of this society,
And the interpretation of my own behavior, my mind, and life.

Music is another creative outlet for me and I've been lucky to experience it with being in bands, recording, and these are ways to challenge myself musically and push the envelope.

One of the best things about these creative outlets is that I made relationships that are gold and they stay with other artists, other musicians and we have this community of support and understanding that goes across other aspects of life.

And also what kind of music I listen to while doing art is really critical and usually matches the feel of the moment and inevitably the artwork as well.

I use art as a therapeutic way of communication, for myself to myself and for anyone else that wants to look.